

Life Fitness Model 8500, 9100, and 9500HR Cross-Trainers How To... Replace Load Resistors

Tools required: Slotted screwdriver

1. Remove the right REAR COVER.
See How To...Remove Rear Covers.
2. Disconnect wires at the LOAD RESISTORS.
3. Remove the LOAD RESISTORS by removing two(2) hex-head screws securing the load resistor to the frame.
4. Install new load resistors in reverse order.

